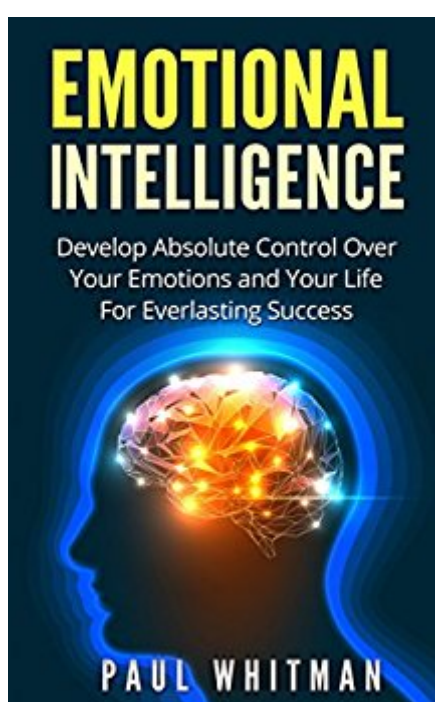


The book was found

# Emotional Intelligence: Develop Absolute Control Over Your Emotions And Your Life For Everlasting Success (Emotional Mastery, Fully Control Emotions)



## Synopsis

Increase Your Emotional Intelligence Today With the Ultimate 4th EDITION & Control 100% of Your Emotions and Have Power Over Others! Be the best version of you! ... This Book is FREE for Kindle Unlimited User ... Are you a shy person? Do you have difficulty conversing with other people? Are you willing to go out of your shell and take control so you can reach your goals in life? There is one secret that successful people possess, and that is good communication. Confidence will take you a long way and there is a solution to help you overcome your shyness. Not many of you know but apart from having a high IQ, the level of EQ that we have plays a huge factor in how we spend our everyday life. Emotional Intelligence: How to Increase EQ, Interpersonal Skills, Communication Skills and Achieve Success will help you advance in today's competitive environment. 5 reasons to buy this book: 1. Improve leadership potential 2. Build confidence 3. Develop better professional relationships 4. Be more effective in assigned tasks 5. Improve your mental capacity Here's what you'll find inside: Emotional Intelligence: The Basics Principles of Emotional Intelligence Emotional Intelligence at the Work Place Emotional Intelligence in Social Situations Tips To Increase Your Emotional Intelligence Everyday Communication Skills People Skills Easy Ways To Improve Interpersonal Skills At Work Active Listening Up your game and be the person that you are destined to be! This book will be your helping hand, and change will happen if you grab yourself a copy NOW! Just scroll up and hit the BUY Button. Good Luck!

## Book Information

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## Customer Reviews

I wonder how this book got so many positive reviews. The writing style is very rudimentary. Actually it reads like a high school paper. And it covers only basic stuff and each chapter is very short. The total page length information is deceitful. It's actually less than 70 pages long. The print version seems printed for seniors. Too large fonts were used. That's why it looks over 150 pages. Choose a better book.

Awful grammatical structure and content. The writing style is amateurish at best. It's a terrible book. I couldn't make it more than 25% through the book without becoming frustrated and closing the book. This author should learn how to write first. Actually, it's less than one star.

Decent read but very basic and somewhat mundane. Nothing new or earth shattering but very good basic reminders. This, however, should be a mandatory read for college graduates just entering the workforce.

This book brings light the importance of having a healthy EQ and its importance in life and work. Overall, I found this practical and informative. The resources in this book are amazing for building your self-confidence something that has really helped me at work. It helps that the book is well written.

I've always been interested in the way the mind works and our underused abilities to understand ourselves. I really enjoyed the real life examples and the parts about stress reduction. It makes perfect sense! The level of detail of this book is tremendous and will be very valuable to anyone who reads and applies the techniques. Excellent research to back up the author's points make this a clear and educational read. I highly recommend it.

I think the ideas presented in this book can help anyone to be a lot more successful in life (provided that they actually act on those ideas of course). This is because talent and work-related skills alone are no longer enough as guarantees to survive in this ever challenging personal and professional world. I was personally motivated to grab this book. I feel that I need to know some more about Emotional Intelligence. And getting this book has been a good decision for me because it has a lot of info and facts about this topic that made me understand it more. I believe that if I know more about EQ, I'll be able to become more confident, more expressive of my feelings; I'll be able to

develop stronger relationships and a lot more. A good buy.

I consider controlling emotions to be a very important factor when dealing with the people that surround us. Our emotions- especially heightened ones -- can either make or break the relationship we have with these people. The advice in this book are great and the author wrote very effectively. I can learn how to control my emotions moving forward.

When it comes to happiness and success in life, emotional intelligence matters just as much as intellectual ability. Emotional intelligence helps you build stronger relationships, succeed at work, and achieve your career and personal goals. After reading this book I learned more about why emotional intelligence is so important and how you can boost your own EQ by mastering a few key skills. I recommend this to everyone wanting to boost up their emotional intelligence and increase their success and happiness in life. Nice one.

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